

	<b>Montag</b>	<b>Dienstag</b>	<b>Mittwoch</b>	<b>Donnerstag</b>	<b>Freitag</b>	<b>Samstag</b>	<b>Sonntag</b>	
10:45	<b>ZUMBA® fitness</b>	<b>ZUMBA® fitness</b>	<b>Kraftfit</b>	<b>Complete Body Workout</b>	<b>BBRP</b>	<b>Bodyfit</b>	<b>Complete Body Workout</b>	10:45
11:45	Susanne W. 10:45	Helena W. 10:45	Tanja N. 10:45	Natalia v. P. 10:45	Claudia M.-F. 10:45	Alexandra P. Cathrin G. 10:45	Jochen T. Sabine S. 10:45	11:45
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
12:05	<b>Kraftfit</b>	<b>STRONG Nation®</b>	<b>Complete Body Workout</b>	<b>Fatburner</b>	<b>Fit Fight Basic/Technik</b>	<b>Tough Class</b>	<b>Fatburner</b>	12:05
13:05	Julija B. 12:05	Helena W. 12:05	Tanja N. 12:05	Natalia v. P. 12:05	Claudia M.-F. 12:05	Alexandra P. Cathrin G. 12:05	Jochen T. Sabine S. 12:05	13:05
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
13:25	<b>Fatburner</b>	<b>Kraftfit</b>	<b>ZUMBA® fitness</b>	<b>FASZIO®</b>	<b>Kraftfit</b>	<b>Step Advanced</b>	<b>ZUMBA® fitness</b>	13:25
14:25	Julija B. 13:25	Tanja N. 13:25	Katharina P. 13:25	Heike O. 13:25	Marcus K. 13:25	Andrea R. Sabine S. 13:25	Hatice G. 13:25	14:25
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
14:45	<b>BBRP</b>	<b>BBRP</b>		<b>Rücken Balance</b>	<b>Step Fatburner</b>	<b>Complete Body Workout</b>	<b>Step Simple</b>	14:45
15:45	Olga E. 14:45	Tanja N. 14:45		Heike O. 14:45	Marcus K. 14:45	N. N. Sabine S. 14:45	Jan P.-G. 14:45	15:45
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
16:05	<b>ZUMBA® fitness</b>	<b>Hatha Yoga</b>	<b>BBRP</b>	<b>Kraftfit</b>		<b>Kraftfit</b>	<b>Complete Body Workout</b>	16:05
17:05	Hanna R. 16:05	Petra M. 16:05	Gundi D. 16:05	Annika S. 16:05		Julija B. Tanja T. 16:05	Jan P.-G. 16:05	17:05
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
17:25	<b>Step Fatburner</b>	<b>Hatha Yoga</b>	<b>Rücken Power</b>	<b>Complete Body Workout</b>		<b>deepWORK™</b>	<b>Kraftfit</b>	17:25
18:25	Xenia T. 17:25	Petra M. 17:25	Gundi D. 17:25	Annika S. 17:25		Tanja T. N.N. 17:25	Sylvia Ö. Angelina E. 17:25	18:25
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
18:45	<b>Fit Fight</b>	<b>Fit Fight Kombi</b>	<b>FASZIO®</b>	<b>Step Simple</b>	<b>Kraftfit</b>		<b>BBRP</b>	18:45
19:45	Justyna K. 18:45	Justyna K. 18:45	Heike O. 18:45	Sabine M. 18:45	Randy M. 18:45		Sylvia Ö. Angelina E. 18:45	19:45
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
20:05		<b>Taekwondo</b>	<b>Kraftfit</b>	<b>Bodyfit</b>	<b>Fit Fight Kombi</b>	<b>Gym 1</b>		20:05
21:05		Hassan N. <small>ZU:05-21:35</small>	Marcus K. 20:05	Sabine M. 20:05	Randy M. 20:05			21:05

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	
10:30		<b>FASZIO®</b>	<b>NIA</b>		<b>ZUMBA® fitness</b>		<b>ZUMBA® fitness</b>	10:30
11:30		Heike O. 10:30	Petra T. 10:30		Carla B. 10:30		Nico F. 10:30	11:30
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
11:50		<b>Best Age Fitness</b>	<b>NIA</b>		<b>Complete Body Workout</b>	<b>Yogalates</b>		11:50
12:50		Heike O. 11:50	Petra T. 11:50		Bentje J. 11:50	Sabine J. 11:50		12:50
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
13:10		<b>BBRP</b>	<b>Bodyfit</b>	<b>Stretch &amp; Relax</b>	<b>Fatburner</b>	<b>Hatha Yoga</b>	<b>BBRP</b>	13:10
14:10	Jasmin Z. 13:10		Marcus K. 13:10	Carolin P. 13:10	Bentje J. 13:10	Sabine J. 13:10	Vanessa B. Ariane W. 13:10	14:10
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
14:30		<b>Bodyfit</b>	<b>Complete Body Workout</b>	<b>Fatburner</b>	<b>BBRP</b>		<b>Fit Fight</b>	<b>Danc'n'Fitness</b>
15:30	Jasmin Z. 14:30	Steffi G. 14:30	Marcus K. 14:30	Alana F. 14:30		Victoria J. 14:30	Vanessa B. Ariane W. 14:30	14:30 15:30
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
15:50		<b>Bodyfit</b>	<b>deepWORK™</b>	<b>Fit Fight Basic/Technik</b>	<b>Complete Body Workout</b>	<b>Bodyfit</b>	<b>Rücken Power</b>	15:50
16:50		Steffi G. 15:50	Janina D. 15:50	Alana F. 15:50	Julie M. 15:50	Victoria J. 15:50	Frank P. 15:50	16:50
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
17:10		<b>Step Simple</b>	<b>Rücken Power</b>	<b>Bodyfit</b>	<b>Fitness für Mollige</b>	<b>Fatburner</b>	<b>Rücken Balance</b>	17:10
18:10	Carmen F. 17:10	Jessica N. 17:10	Janina D. 17:10	Fellina M. 17:10	Julie M. 17:10		Frank P. 17:10	18:10
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
18:30		<b>BBRP</b>	<b>SALSATION®</b>	<b>Vinyasa Flow Yoga</b>		<b>Hip Hop</b>	<b>Tough Class</b>	18:30
19:30	Carmen F. 18:30	Linda St. 18:30	Kirsten C. 18:30		Agata W. 18:30		Melanie S. Mustapha B. 18:30	19:30
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
19:50		<b>Hatha Yoga</b>	<b>ZUMBA® fitness</b>	<b>Rücken Balance</b>	<b>SALSATION®</b>			19:50
20:50	Anika Sch. 19:50	Hatice G. 19:50	Sabine J. 19:50	Linda St. 19:50				20:50
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
21:10		<b>Hatha Yoga</b>		<b>Fit Fight</b>			<b>Gym 2</b>	21:10
22:10	Anika Sch. 21:10		Justyna K. 21:20					22:10

	<b>Montag</b>	<b>Dienstag</b>	<b>Mittwoch</b>	<b>Donnerstag</b>	<b>Freitag</b>	<b>Samstag</b>	<b>Sonntag</b>	
10:00	<b>Mama Fitness</b>	<b>Flow-Yoga</b>	<b>Step Simple</b>	<b>Kundalini-Yoga</b>	<b>Qi Gong</b>	<b>Pilates</b>	<b>Hatha Yoga</b>	10:00
11:00	Alice O. 10:00	Regina B. 10:00	Ricarda H. 10:00	Amrit N. 10:00	Markus Tsch. 10:00	Elham H. Andrea M. 10:00	Eva B. 10:00	11:00
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
11:20	<b>Stretch &amp; Relax</b>	<b>Yin Yoga</b>	<b>BBRP</b>	<b>Kundalini-Yoga</b>	<b>Tai Chi</b>	<b>Stretch &amp; Relax</b>	<b>Hatha Yoga</b>	11:20
12:20	Alice O. 11:20	Regina B. 11:20	Ricarda H. 11:20	Amrit N. 11:20	Markus Tsch. 11:20	Elham H. Andrea M. 11:20	Eva B. 11:20	12:20
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
12:40	<b>Hatha Yoga</b>	<b>Fatburner</b>	<b>Feldenkrais</b>	<b>Complete Body Workout</b>	<b>Fatburner</b>	<b>deepWORK™</b>	<b>Taekwondo</b>	12:40
13:40	Natalia v. P. 12:40	Jochen T. 12:40	Ulrike Sch. 12:40	Natalia v. P. 12:40	Bentje J. 12:40	Shafagh D. 12:40	Dorothea S. Michael T. 12:40	13:40
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
14:00	<b>Hatha Yoga</b>	<b>Complete Body Workout</b>	<b>Feldenkrais</b>	<b>Bodyfit</b>		<b>BBRP</b>	<b>ZUMBA® Gold</b>	14:00
15:00	Olaf G. 14:00	Jochen T. 14:00	Ulrike Sch. 14:00	Natalia v. P. 14:00		Shafagh D. 14:00	Susanne W. 14:00	15:00
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
15:20	<b>Complete Body Workout</b>					<b>Feldenkrais</b>	<b>ZUMBA® fitness</b>	15:20
16:20	Simone L. 15:20					Ulrike Sch. 15:20	Susanne W. 15:20	16:20
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
16:40	<b>Bodyfit</b>	<b>Step Fatburner</b>	<b>ZUMBA® fitness</b>	<b>Pilates</b>		<b>Feldenkrais</b>	<b>Hatha Yoga</b>	16:40
17:40	Simone L. 16:40	Nuriye D. 16:40	Mohammed D. 16:40	Sabine J. 16:40		Ulrike Sch. 16:40	Olaf G. 16:40	17:40
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
18:00		<b>BBRP</b>	<b>Salsa Dance</b>	<b>Fatburner</b>	<b>SALSATION®</b>	<b>ZUMBA® fitness</b>	<b>Hatha Yoga</b>	18:00
19:00		Nuriye D. 18:00	Mohammed D. 18:00	Olga E. 18:00	Linda St. 18:00	Ulrike H. Celeste C. 18:00	Olaf G. 18:00	19:00
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
19:20	<b>SALSATION®</b>	<b>Qi Gong</b>	<b>SALSATION®</b>	<b>BBRP</b>	<b>Step Fatburner</b>	<b>Gym 3</b>		19:20
20:20	Palmina R. 19:20	Michaela K. 19:20	Palmina R. 19:20	Olga E. 19:20	Beate B. E. 19:20			20:20

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag		
10:15	<b>Hatha Yoga</b>		<b>Hatha Yoga</b>	<b>Babys in Bewegung</b> 3 Monate - 1,5 Jahre	<b>Hatha Yoga</b>	<b>Ausbildung</b>	<b>Ausbildung</b>	10:15	
11:15	Birte R. 10:15		Taruna Sch. 10:15	Anna G. 10:15	Regina B. 10:15			11:15	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>		
11:35	<b>Rücken Balance</b>	<b>Pilates</b>	<b>Power Yoga</b>	<b>Best Age Fitness</b>	<b>Yin Yoga</b>	<b>Fortbildung</b>	<b>Fortbildung</b>	11:35	
12:35	Birte R. 11:35	Petra H. 11:35	Taruna Sch. 11:35	Anna G. 11:35	Regina B. 11:35			12:35	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>		
12:55	<b>Complete Body Workout</b>	<b>Power Yoga</b>	<b>Complete Body Workout</b>	<b>Hatha Yoga</b>	<b>Power Yoga</b>	<b>Ausbildung</b>	<b>Ausbildung</b>	12:55	
13:55	Marianela G. 12:55	Petra H. 12:55	Julija B. 12:55	Hela H. 12:55	Jessica F. 12:55			13:55	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>		
14:15	<b>Pilates</b>		<b>Fatburner</b>		<b>Power Yoga</b>	<b>Special bis 16:30</b>	<b>Fortbildung</b>	14:15	
15:15	Marianela G. d. B. 14:15		Julija B. 14:15		Jessica F. 14:15		<b>Pause</b>	15:15	
15:35	<b>Pilates</b>	<b>Pilates</b>	<b>Kindertanz/Ballett</b> 4-7 Jahre	<b>Salsa Dance</b>	<b>Pilates</b>		<b>Ausbildung</b>	15:35	
16:35	Eva B. 15:35	Carolin P. 15:35	Paola O. 15:35	Rene Z. 15:35	Claire R. 15:35			16:35	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>		
16:55	<b>CBW</b>		<b>Pilates</b>	<b>Zum Dance</b>	<b>Rücken Power</b>	<b>Fortbildung</b>	<b>Fortbildung</b>	16:55	
17:55	Beate B. E. 16:55	16:55	Harald Z. 16:55	Joaquim R. 16:55	Claire R. 16:55			17:55	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>		
18:15	<b>Salsa 1</b> für Paare	<b>Tanztechnik Standard/Latein</b> Einzeltänzer	<b>Yin Yoga</b>		<b>Ballett</b> für Erwachsene			18:15	
19:15	Diana M. Denis A. 18:15	Mike W. 18:15	Harald Z. 18:15		Katrin P.-B. 18:15			19:15	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>		
19:35	<b>Salsa 2</b> für Paare	<b>Tanztechnik Standard/Latein</b> (Paare)		<b>Tango Argentino</b> für Paare	<b>Jazz Dance</b>			19:35	
20:35	Diana M. Denis A. 19:35	Mike W. 19:35		Sonja B. Holger R. 19:35	Katrin P.-B. 19:35			20:35	
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Gym 4</b>	<b>Pause</b>		
20:55	<b>Salsa Suelta</b>			<b>SWING Lindy Hop</b> für Einzeltänzer					20:55
21:55	Diana M. Denis A. 20:55			Sonja B. Holger R. 20:55					21:55

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	
10:00	<b>Inline Skaten</b> + Hockey 10:00-11:30 Marika	<b>Badminton</b> 10:00-11:30 Altug Ü.	<b>Inline Skaten</b> 10:00-11:30 Markus K.	<b>Volleyball</b> 10:00-11:30 Philipp B.	<b>Badminton</b> 10:00-11:30 Altug Ü.	<b>Inline Skaten</b> +Technik 10:00-11:30 Darja K.	<b>Inline Hockey</b> 10:00-11:30 Markus K.	10:00
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
11:40						<b>Inline Skaten</b> für Familien 11:40-12:40 Darja K.	<b>Inline Skaten</b> für Familien 11:40-12:40 Markus K.	11:40
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
12:50						<b>Badminton</b> 12:50-14:20 Jens B. Björn E.	<b>Volleyball 1</b> 12:50-14:20 Matin M.	12:50
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
15:00					<b>Volleyball</b> 14:30-16:00 Philipp B.	<b>Badminton</b> 14:30-16:00 Jens B. Björn E.	<b>Volleyball 2</b> 14:30-16:00 Matin M.	14:30
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
16:40	<b>Badminton</b> Kids & Teens 16:40-18:10 Torsten S.		<b>Badminton</b> Kids & Teens 16:40-18:10 Torsten S.	<b>Fußball</b> 5-8 Jahre 16:40-18:10 Wolfgang P. Daniel J.	<b>Tough Class</b> 16:10-17:40 Patrick Sch.	<b>Volleyball</b> 16:10-17:40 Matin M.		16:10
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
17:50	<b>Badminton 1 &amp; 2</b> 18:20-19:50 Torsten S.	<b>Tough Class</b> max. 30 TN 18:20-19:50 Izzet P.	<b>Tough Class</b> 18:20-19:50 Agata W.	<b>Tough Class</b> 18:20-19:50 Mustapha B.	<b>Badminton</b> 17:50-19:50 Haci B.	<b>Badminton</b> 17:50-20:20 Stefan H. Kayo H.-T.	<b>Badminton</b> 17:50-19:50 Kayo H.	17:50
	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	<b>Pause</b>	
20:00	<b>Inline Skaten</b> 20:00-22:00 Jan G.	<b>Badminton</b> 20:00-22:00 Reinhold V.	<b>Inline Hockey</b> 20:00-22:00 Markus K.	<b>Badminton</b> 20:00-22:00 Dieter K.	<b>Inline Skaten</b> +Technik 20:00-22:00 Markus K.	<b>Halle</b>	<b>Floorball</b> 20:00-21:30 Björn M.	20:00

sportspaß-Center Berliner Tor Stand: 19.08.2020